

# USI-WZ NEWSLETTER

August 2025



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### INDEX

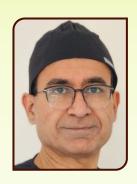
1.	USI - WZ Council	3
2.	USI-WZ Council - Flashback 2024-25	4
3.	Message from the Desk of Editor	6
4.	WZ-Financecon 2025	7
5.	WZ-Uropracticecon	8
6.	WZ-Endourocon	10
7.	Webinar	11
8.	Overseas Meeting	14
9.	WZ-USICON 25	15
10.	Extracurricular Activities	27
11.	Obituary	28
12.	Welcome New Members	29
13.	Achievements	31
14.	WZ- Elections	32
15.	Future of Urology in India	34
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### USI - WZ COUNCIL



PAST PRESIDENT **DR. ULHAS SATHAYE** 



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HON. SECRETARY DR. RAJESH KUKREJA



HON. TREASURER DR. SUSHIL RATHI



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COUNCIL MEMBER **DR. VILAS SABLE** 



COUNCIL MEMBER



COUNCIL MEMBER DR. ABHIJIT PATIL DR. PRASHANT DARAKH



EX OFFICIO COUNCIL MEMBER **DR. ROHIT JOSHI** 



EX OFFICIO COUNCIL MEMBER DR. ARVIND GANPULE



Dear friends and respected seniors and teachers, As we approach the annual conference of our Society (**35th WZUSICON**), we look back on the activities done over the last 10 months since the current Council took over.

### 1. Membership drive

1. The membership drive SOP was formulated and circulated amongst all over members and is also present on our website. We have now added 91 new members (56 full members, 34 trainee members and one associate member) to our society. Our current strength is now of 864 full members and 88 trainee members. The drive towards increasing our membership strength would keep continuing throughout. On behalf of the council, I would urge and request all the teachers at the postgraduate teaching institutes to pursue their students to become trainee members of our society.

### 2. Midterm Meetings

We conducted three midterm physical meetings successfully over this academic year. The meeting were spread over all the three major states of Gujarat, Madhya Pradesh and Maharashtra.

- 1. WZ-Urofinancecon was the first meeting to be held in the month of March 2025 at Khajuraho, Madhya Pradesh. 105 delegates participated in this finances and investments know how meeting. Added attractions were the Panna tiger safari and visit to the historical Khajuraho temples for all the delegates.
- 2. WZ-Uropracticecon was the second midterm meeting and was held at Nadiad, Gujarat in the month of June, 2025. The hall was packed with 150 delegates over the one and a half day of this meeting. Important aspects related to setting up a successful practice like understanding NABH guidelines, debating of rural versus urban practice, shooing the right instruments, digital marketing and presence, etc were discussed in depth.
- 3. WZ-Endourocon was the third and final midterm meeting and was held at Chhatrapati Sambhajinagar, Maharashtra in August 2025. Again 150 delegates registered for this excellent workshop wherein all procedures and technologies for stone and BPH treatment were demonstrated.

### 3. Webinars

The Council started regular online webinars with the aim for teaching all our young postgraduates and Urologists at one stage. 5 webinars (Navigating BPE, Treatment options for BPE, Upbeat Ureteroscopy, GUTB updates and Percutaneous access to kidney) have been conducted already by the time this newsletter reaches you.



### 4. Overseas tour

80 delegates (members and spouses) travelled for a fun filled tour to the Greek islands in the first week of May. These activities increase the bonding of our members and their families.

### 5. Improving our digital presence

- 1. Website up gradation: Our website www.usiwz.in is now dynamic and active. Members can view and edit their profiles. Registrations of all our midterm meetings were through the website only. All scientific content are regularly updated on the website. We request you all to visit the website and suggest for more improvements.
- 2. You tube channel: We now have an active YouTube channel https://youtube.com/@westzoneusi? si=2wfJnK2EtF\_OxFT with 398 subscribers. Recordings of our webinars and some of the midterm meetings are uploaded and freely accessible to all. 6. Publication, Academic & Research Committee A mentor committee has been formed with the goal to support members and students in publishing their work, presentations at conferences and to stimulate collaborative multi centre research.

### 6. Publication, Academic & Research Committee:

A mentor committee has been formed with the goal to support members and students in publishing their work, presentations at conferences and to stimulate collaborative multi centre research.

We would also like to thank all the members of our society for showing trust in this council. We look forward to your suggestions and feedback for continuous improvement in our efforts towards uplifting and progress of our society.

**Dr. Rajesh Kukreja**Hon. Secretary

The Council, USI-WZ

Dr. Ashish Patil
President

It gives me immense pleasure to publish the 3rd edition of Newsletter of present council. This newsletter contains various activities conducted by present council in last 10 months including the scientific program of 35th Annual conference of USI WZ held at Ahemedabad and also the extraordinary achievements of our members.

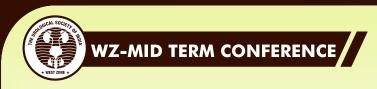
I must thank Dr. Janak Desai sir for the write up on "Future of Urology In India" which will act as guiding light to generation next Urologist in India. This will be my last newsletter as an editor pertaining to the fact that I will be finishing my tenure as a council member in Ahemedabad.

I would like to take this opportunity to thank each one of you for keeping faith in me and my work as an elected council member of the WZ I will always strive to work as member of WZ for the academic development and overall betterment of the society.

I Kindly Encourage you all to Share all future Achievements, Innovations, Photographs, accolades and other relevant content with the Editor via Email. Your contributions will undoubtedly Strengthen our News Letter and make it more dynamic and versatile and inspiring for all the members of the society Wishing you all good health, happiness and success in the days ahead.



Regards, **DR. KISHOR WANI**Editor, WZ Newsletter



### **WZ-FINANCECON 2025**

Dr. Brajesh Singhal President, IMA Gwalior

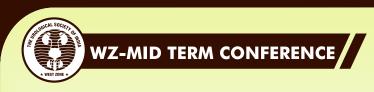
Dear Colleagues and Esteemed Guests, It is with immense joy and gratitude that I extend my heartfelt thanks to each one of you for making WZ-FINANCECON 2025 a resounding success. Hosted in the historic and culturally rich city of Khajuraho, this conference brought together brilliant minds to discuss financial management strategies tailored for doctors, equipping us with the knowledge to secure our financial future while continuing to excel in patient care. The Opening Bell Ceremony set the tone for an engaging and insightful event.

We were honored by the presence of Maharani Kavita Singh Natiraja from the Royal Family of Khajuraho and Hon. Ravindar Singh Ji, Principal District & Sessions Judge, whose words of wisdom added immense value to the proceedings. A special highlight of the conference was the Panna Tiger Reserve Safari, which was nothing short of exhilarating. Witnessing the majestic tigers in their natural habitat, along with a rich diversity of bird species, made for an unforgettable experience.

This thrilling expedition allowed us to unwind and connect with nature, reinforcing the importance of conservation and our role in promoting environmental responsibility. The Light and Sound Show at Khajuraho Temples was another mesmerizing experience. The interplay of history, architecture, and storytelling transported us back in time, deepening our appreciation for India's rich cultural heritage. The evening culminated in a soulful Ghazal Night and a Grand Gala Dinner, where camaraderie and meaningful discussions flourished, strengthening the bonds within our medical fraternity.







### **WZ-URO PRACTICECON 2025**

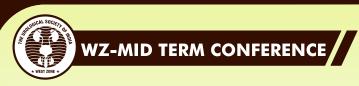
We, at Muljibhai Patel Urological Hospital, Nadiad had the opportunity to organize the mid-term meeting of USI-WZ. The topic chosen was "Uro-Practicecon". Many aspects of urology practice are well understood only by experience. The aim of this conference was to cover all the aspects of urology practice – where the seniors give piece of advice to their junior colleagues.

There was overwhelming response to this conference. For want of space, we had to limit the registrations to 150. For all those who couldn't make to this conference, you can access the talks online:

https://youtube.com/playlist?list=PL90frdU1OgyVdt5pAaiB8jfeqZWKGem6&si=s\_Y9IOdNNuKR0WZ

The summary of the conference content was

- 1. Accreditation is important and valuable for the hospitals provided we are focussed as to our needs. It does fetch 10% increment in cashless schemes.
- 2. PMJAY is viable if you do the maths correctly and do not do unethical practice. To run the scheme one needs to have a dedicated staff who will look after authorization, discharges and billing. It should not be used as a means to extract money by fraudulent practice.
- 3. Cashless and private insurance schemes do need multiple rounds of negotiations. One should behave courteously with the insurance officers. Their queries should be answered politely, shortly. Lengthy explanations do not work. Indemnity insurance IMA PPS is good. For that you needs to be a member of IMA. Even private schemes are also good. But do not expect they to do everything for you. You need to do your homework in case you get a notice.
- 4. Lunch should not be missed. It may be a short working lunch.
- 5. Post urology qualification fellowships, subspecialisation or general urology practice are good options. But it depends on your family commitments especially your spouse.
- 6. Type of practice Similarly Government practice, corporate practice, own nursing home or roaming practice do have their pros and cons. Setting up your own hospital\* is not difficult. One must do proper planning, proper homework and look after various legal permissions. There is no harm in taking loan. But remember it is not your own money. Do not spend it carelessly. There is no point in loan prepayment if you know how to invest the money. Group practice & Individual practice & roaming are all viable options. The practice pattern should suit your temperament. While buying instruments, optics should be of good quality, and it is possible top start with basic set and build slowly. \*Negotiating\* the cost is an art. Purchase order should be clear. One should identify cheaters.



### **WZ-URO PRACTICECON 2025**

- 7. Research is possible in private practice. It is not a rocket science and doable. Ethical advertising should be done. Sometimes these advertisements do cost money and return
- 8. NMC is doing a lot of work to standardise medical qualifications and also to rename a few and start new courses. A welcome move!
- 9. We learnt about various recording softwares that I can use in my private practice
- 10. I heard about how to digitalize my records along with maintaining data privacy. The need for ABHA id and ABHA compliant softwares.
- 11. I saw how can I utilize digital security for my hospital using CCTV at various places. How it also saved my insurance claim for my laser machine breakdown. This recording can be useful for monitoring patient movements, their behaviour and also take care of equipment.
- 12. There are many things to be taken care during roaming price various check list before starting roaming practice. The choosing of right assistant, car, various checklists, etc.
- 13. There was a good debate on where to settle urban area vs rural area. Both have their own pros and cons. It has to be individualised based on one's needs.
- 14. Then, we have a good overview of how to settle in UK. The pros and cons of settling in NHS UK as well as private practice in UK.
- 15. There was a good session on how to invest and secondary sources of income. One needs to have multiple sources of non-medical income.
- 16. We had a understating og how to setup multiple satellite branches of your hospital and how to make it viable.
- 17. Dr. Anita Patel gave a wonderful insight on should it matter if you are a female urologist. Females can excel in any urology subspeciality including andrology.
- 18. Finally, it ended with review of many TeleOPD apps, their need, how to use them and importance of google reviews.
- 19. It was well attended and it covered many untouched topics, where everyone in the audience, of any age group took back some useful points.

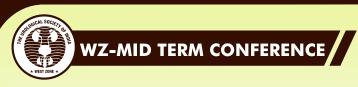
**Dr. Abhijit Patil**Org. Secretary

**Dr. R. B. Sabnis** Org. Chairman









### WZ-Endourocon 2025

Elevate your skills, Elevate your practice in Endourology, hosted at MGM Medical College in the historic city of Chhatrapati Sambhajinagar (Aurangabad), was a resounding success. The live operative workshop, a joint effort by the USI-WZ, Department of Urology MGM Medical College, and the Aurangabad Urology Association, Chh. Sambhajinagar attracted more than 175 delegates from across the country. The event, held on August 2nd and 3rd 2025, provided an invaluable platform for participants to enhance their skills. The inauguration was a notable highlight, led by the respected Dean, MGM Medical College - Dr.Rajendra Bohra.

The scientific program was robust and featured multiple lectures from distinguished experts. A key highlight was the series of live surgeries, where renowned surgeons masterfully demonstrated complex cases, with sessions running to a packed hall until the end of the program. The surgeries performed included RIRS, RIRS with FANS, prone PCNL, supine PCNL, ThuFLEP, HoLEP, i-Tind, UroLift, ECIRS, and Miniperc. The expert operating surgeons included Dr.Abhay Mahajan, Dr. Ashish Chhajed, Dr.ShaileshKamat, Dr.Gyanendra Sharma, Dr.ArupkumarNath, Dr. Ashish Saini, Dr. Suresh Patankar, Dr.Kandarp Parikh, Dr. SK Pal, Dr.Vimal Kumar Dixit, Dr.SagarBhalerao, and Dr. Ramesh Mahajan. The Live Operative Workshop was conducted in accordance with the latest NMC guidelines, with Dr. Vilas Sabale and Dr.SushilRathi playing a pivotal role in supervising and ensuring adherence to the protocols.

The conference also celebrated a new milestone with the unveiling of the first issue of the urolithiasis subsection of the USI newsletter, titled "The Pebble Pages."

Under the able leadership of the Organizing President Dr. Abhay Mahajan and Organizing Secretary Dr. Prashant Darakh, the conference was executed flawlessly, setting a new standard for live operative surgical workshops. The event culminated in a highly appreciated live musical concert, "Unfortunate Klassix" by Dr. Prashant Mulawkar and team, which added a delightful touch of entertainment. Beyond advancing clinical expertise, the event also gave attendees a chance to explore the region's rich heritage, including the nearby Ajanta and Ellora caves, Grishneshwar Jyotirlinga temple and Shirdi Sai temple.







### **WZ-WEBINAR**

### Navigating Benign Prostatic Hyperplasia Webinar - A West Zone USI initiative : A Deep Dive into Diagnosis and Treatment

The West Zone branch of the Urological Society of India (USI) for the first time successfully conducted a two-part webinar on Benian Prostatic Hyperplasia (BPH). The informative sessions, led by esteemed urologists, were held on February 18th and February 25th, 2025. Under the aegis of Dr. Ashish Patil, President WZ USI, Dr. Rajesh Kukreja, Secretary, and other council members the webinars were convened by Dr. Vilas Sabale and Dr. Subodh Shivde, who played a pivotal role in curating a comprehensive agenda that covered various aspects of BPH. The sessions were specifically aimed at providing in-depth knowledge on both the diagnosis and treatment options available for this condition. The first part of the webinar focused on understanding BPH – prostate anatomy, pathophysiology, symptoms, and diagnostic methods. These basics aspects were presented by the residents of various institutions of West zone. This provided a unique opportunity and platform to residents to hone their confidence and presentation skills. The medical treatment of BPH including the practical aspects were covered skilfully by Dr. Vivek Birla. The nuances of open prostatectomy and Robotic prostatectomy were presented by Dr. Ravindra Sabnis and Dr. Vivek Venkatramani respectively with detailed video demonstrations. It was moderated by Dr. Deepak Kirpekar and Dr. Ravindra Sabnis, both renowned experts in the field of urology.

The second part of the Webinar shifted focus towards minimally invasive surgical treatment options for BPH. Moderated by Dr. Pankaj Maheshwari and Dr. Ajay Bhandarkar, this session dove into the surgical treatments available to manage the condition. TURP, the tried and tested Gold standard treatment was covered by Dr. Deepak Kirpekar, from history of TURP to the current scenario. The laser enucleation of prostate with Holmium, Thulium and Thulium fibre laser was covered by Dr. Sadashiv Bhole, Dr. Ketan Vartak and Dr. Abhay Mahajan respectively.

These comprehensive presentations comparing the various available lasers, their advantages and disadvantages provided a unique insight into a lesser known topic. Dr. Rohit Joshi discussed the utility of Urolift procedure in severely morbid patients while Dr Anand Dharaskar shared his experience with REZUM the newest modality in the treatment of BPH.

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### **WZ-WEBINAR**

### UPBEAT URETEROSCOPY RESIDENTS LEARNING TO PRACTIONERS GUIDE

This webinar was conducted on 1st April 2025 at 8pm - 9:30pm

Dr. Kishore Wani - Excutive Council Member was the convenor & Dr.Mukund Andankar was Moderator of the webinar. The Basic purpose of the Wz council behind this webinar was not only to teach the basics to advances about ureteroscopy to the Urology postgraduates but to refurbish the knowledge of practicing Urologist. The webinar covered the basics like instrumentation & Accessories of ureteroscopy to Robotics & AI of Ureteroscopy. The webinar Speaker were teachers & PG guides from various teaching institutes across West Zone. Dr. Mekhala Naik who is Asst Professor at Goa medical college talked about types of semirigid ureteroscopy & necessary accessories.

Dr. Fanindra Solanki who if Professor & Head of Urology at Medical college at Jabalpur talked about procedure of Ureteroscopy & troubleshooting of procedural complications. Dr. Abhay Mahajan who is the Professor & Head Dept of Urology at MGM medical college at Ch.Sambhaji Nagar spoke about energy sources used in Ureteroscopy like lithoclast to Lasers their pons & cons. Dr. Amit Sharma who is the Professor & Head Dept of Urology at AIIMS Raipur spoke about all aspects of Fexible Ureteroscopy & instruments & accessories.

Dr. Abhijit Patil who is consultant Urologist at MPUH Nadiad talked about Sterilisation of ureteroscopes & Robotics & Al as a future of Ureteroscopy. Dr. Mukund Andankar was kind enough to formulate this webinar & moderated the webinar marvellously.

### **USI-WZ Online Webinar Series on "GUTB Updates"**

Each brought depth and clarity to your respective topics: We at the council thank

Dr. Hemant Pathak – for simplifying the complex Pathophysiology of GUTB

Dr. Sujata Patwardhan – for insightful inputs on Imaging in GUTB

Dr. Amish Mehta – for elaborating on the Diagnosis of GUTB

Dr. Ajit Sawant – for practical guidance on Medical Management of GUTB

Dr. Jamal Rizvi – for surgical insights into Upper Tract Management

Dr. R. B. Sabnis – for sharing expertise on Bladder Reconstruction in GUTB

Dr. Hardik Patel – for linking GUTB with CKD so effectively

Dr. Rasesh Desai and Dr. Abhijit Patil – for conducting an engaging discussion and the PG Quiz



### **WZ-WEBINAR**

### Webinar - " Percutaneous Access to the Kidney "

The WZ-USI Webinar on "Percutaneous Access to the Kidney" took place on July 22, 2025. Dr. Omprakash Mundada, Senior consultant urologist and Dr. Prashant Darakh, Executive council member WZ-USI from Chhatrapati Sambhajinagar were the convenors.

The program was planned considering the ongoing efforts of WZ USI council for making it beneficial for the urologist and the residents covering basics to future of percutaneous access.

### Key topics and presenters included:

General Considerations for Percutaneous Access to the Kidney: Dr. Ashish Sharma from Raipur discussed the anatomical aspects of the kidney and the importance of understanding the renal collecting system and its relationship with surrounding organs with respect to percutaneous access

### **Instruments for Percutaneous Access:**

Dr. R.B. Sabnis from Nadiad provided a detailed overview of the instruments to be used from the initial puncture needle to specialized sheaths and dilators.

### **Guided Access Techniques:**

Fluoroscopy-Guided Access with Contrast: Dr. Ravi Jain from Ahmedabad demonstrated the different techniques for fluoroscopy guided access with contrast agent and also emphasized on complications associated with it.

**Sonographic-Guided Access**: Dr. Santosh Agarwal from Bhopal highlighted the benefits of using real-time ultrasound guidance, such as the absence of radiation exposure and the ability to visualize the needle's path in real-time.

Blind Access for PCN Without Contrast: Dr. Pravin Govardhane from Nasik explained blind access techniques, which are performed without imaging or contrast agents. This method is typically used in emergency situations where immediate drainage is required or imaging is unavailable.

**Endoscopy-Guided Access**: Dr. Hiren Sodha from Mumbai presented the use of endoscopy, often in conjunction with other methods, to provide direct visual confirmation of the puncture site.

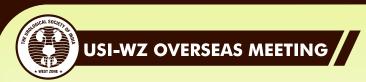
**Percutaneous Access in Supine Position**: Dr. Narendra Basarge from Kolhapur discussed the benefits of the supine position, including improved anaesthetic management and the ability to perform a simultaneous retrograde procedure.

Future of Percutaneous Access: Dr. Ashish Chhajed from Dhule concluded the webinar by discussing future developments, such as the miniaturization of instruments, advanced navigation systems, robotic assistance, and a new optical PCNL access catheter with a microoptical chip for direct visual control.

The webinar was made live on Youtube and was attended by large number of audience. The best thing about this webinar was that a questionnaire was circulated prior to it to raise curiosity amongst the urologists and residents.

Dr. Omprakash Mundada

Dr. Prashant Darakh



### **USI-WZ OVERSEAS MEETING, GREECE** (2-11 May 2025)















3-4-5 October, 2025 ● Gandhinagar

**35**<sup>™</sup>

ANNUAL CONFERENCE OF THE UROLOGICAL SOCIETY OF INDIA WEST ZONE

**3-4-5** October, 2025

**Venue:**Mahatma Mandir,
Gandhinagar, Gujarat















Dear WZ Family Members, Greetings from Ahmedabad

The WZUSI Council and Ahmedabad Urology Association are eagerly awaiting to welcome you all for the WZUSICON 2025, the 35th annual conference of the Urology Society of India West Zone to be held at Ahmedabad from 3rd to 5th October 2025. The event promises a combination of academic and recreational feast.

Ahmedabad, INDIA's first UNESCO WORLD heritage city has recently been declared to be the Cleanest City of INDIA. It is an epicentre of various high quality urology conferences happening at regular intervals over last decade and more. It also has many tourist excursions to attract travel enthusiasts like Sabarmati ashram, statue of unity, Narendra Modi stadium, Adalaj ni vav, Lothal, Patan and many more. For shopaholics Ahmedabad has many traditional and contemporary shopping destinations.

The venue chosen is Mahatma Mandir convention and exhibition centre located in sector 13 C in Gandhinagar, Gujarat, India. It is inspired by the life and philosophy of Mahatma Gandhi. It is one of the biggest convention centres in India, spread over an area of 34 acres and itself is an iconic venue.

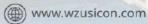
The scientific agenda is extremely well crafted by WZUSI council and promises pioneering academics with intriguing sessions covering all the facets of urology.

We are happy to share that as of today, we have crossed 450 registrations, all are self-registered. We also have curated interesting spouse programme and sports activities for delegates. Lastly this year we are bringing out hidden talents from our members and spouses and going to showcase them on a dedicated Culture Canvas Corner.

We welcome you all to Ahmedabad and request those who have not yet registered, to register with your spouse at the earliest with discounted rates.

Once again welcoming you all....





### **CENTRAL ORGANISING COMMITTEE**





DR. ULHAS SATHAYE Past President



DR. ASHISH PATIL President



DR. AJAY BHANDARKAR **President Elect** 



DR. RAJESH KUKREJA Hon. Secretary



DR. SUSHIL RATHI Hon. Treasurer



**DR. VILAS SABLE** Council Member



DR. ABHIJEET PATIL Council Member



DR. KISHORE WANI Council Member



DR. PRASHANT DARAKH Council Member



DR. ROHIT JOSHI Ex-Officio Council Member Ex-Officio Council Member



**DR. ARVIND GANPULE** 



### **LOCAL ORGANIZING COMMITTEE**





DR. KANDARP PARIKH Organising Chairman



**DR. ROHIT JOSHI Organising Secretary** 



**DR. PRAGNESH PATEL** Treasurer



DR. KEVAL PATEL Joint secretary



DR. SURESH THAKKAR **AUA Secretary** 

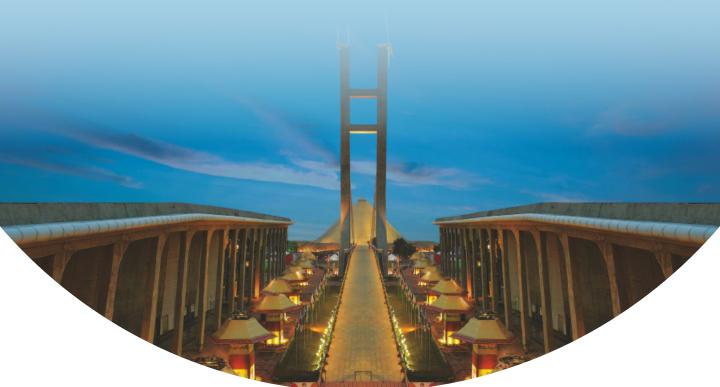
### Looking forward to host you all... **AHMEDABAD UROLOGY ASSOCIATION**



### **VENUE**

### Mahatma Mandir, Gandhinagar, Gujarat

Mahatma Mandir is a convention and exhibition centre located at sector 13 C in Gandhinagar, Gujarat, India. It is inspired by the life and philosophy of Mahatma Gandhi. It is one of the biggest convention centres in India, spread over an area of 34 acres. It was developed by the Government of Gujarat.





3-4-5 October, 2025 ● Gandhinagar

### **Conference Secretariat:**

### **AARNA SUPERSPECIALITY HOSPITAL**

Opp. Suvidha Shopping Center Near Parimal Underbridge Paldi, Ahmedabad-380007





### **Professional Congress Organiser:**









### SCIENTIFIC PROGRAM FOR THE 35TH WZUSICON

Hello friends and respected seniors and teachers, The scientific program for the 35th annual conference of the Urological Society of India - West Zone is ready. The program has been made with the intent of covering all the broad subspecialties and making it as interactive and visual as possible. We thank all our Session Convenors for their commitment and efforts in helping us plan a clinically useful and interactive scientific program.

### Highlights of The Scientific Program Are:

1. A spectrum of 6 international faculties (2 each from the specialities of Endourology, Uro-oncology and Pediatric Urology).

### 2. Semilive surgical videos (240 minutes) covering

- 1. basic urological procedures like hypospadias, chordee correction, FANS in RIRS, supine PCNL, ERBT.
- 2. Robotic surgeries like RRP, ureteric reconstruction, robotic simple prostatectomy, robotic pyeloplasty, etc)
- 3. Partial nephrectomy (open, laparoscopic, robotic)
- 4. Radical Prostatectomy
- 5. Anatomic enucleation of prostate
- 6. Andrology procedures like circumcision, penile implant, grafting in Peyronie's disease
- 7. Urethral reconstruction (graft harvesting and use techniques, staged urethroplasty techniques)
- 8. Tricky situations in stone surgeries
- 9. Transplant: donor retrieval, bench surgery and recipient surgery.

### 3. Interesting debates (4)

4. Clinical case based panel discussion with experts (12 sessions) in Urolithiasis, complications in transplantation, renal masses, prostate cancer, pediatric urology, LUTS and BPH in the elderly, GU tuberculosis, varicocele and OATS, consensus in controversies and intra-operative surgical complications.

### WZ-USICON 2025



- 5. Time for delegate interaction at the end of every session.
- 6. Opportunity to young and newer people on the stage.
- 7. Prize paper sessions: 18 podium, 18 videos and 70 posters (3 prizes in each category)
- 8. Quiz for postgraduates and a special quiz for delegates.
- 9. Building a successful urology career for young urologists with emphasis on digital presence and options of international fellowships.
- 10. Short talks (4-6min each) replacing lengthy lectures.
- 11. Nursing Update Program

Having enlisted the highlights, the truth remains that no scientific meeting can be successful without a healthy delegate attendance and participation. We look forward to everyone's registration and participation in our annual academic event. We also look forward to your feedback and suggestions towards betterment of the scientific agenda every year.

Dr. Rajesh Kukreja

Hon. Secretary

### Scientific Program for the 35th WZ-USICON

# ANNUAL CONFERENCE OF UROLOGICAL SOCIETY OF INDIA WEST ZONE

Venue: Mahatma Mandir Convention Centre, Gandhinagar







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Title	Poster Session-1 (30 min display
Session	PRIZE PAPER
Time	8:30 AM
Convenor / Chairpersons	
Title	PODIUM -1

PRIZE PAPER SESSIONS

8:15 AM

VIDEO -1

PRIZE PAPER SESSIONS

8:15 AM

ANDROLOGY

10:00 Am

Dr T B Yuvraja

The Prostate Cancer Forum: Collective Wisdom for Optimal Outcomes

URO-ONCOLOGY-1

Session

Time

Convenor / Chairpersons

Title

Session

Time

5					
	Poster Session-1 (30 min display time and 60 min discussion time)	Poster Session-2 (30 min display time and 60 min discussion time)		Poster Session-3 (30 min display time and 60 min discussion time)	LUNCH
	PRIZE PAPER SESSIONS	PRIZE PAPER SESSIONS		PRIZE PAPER SESSIONS	
	8:30 AM	10:00 AM		11:30 AM	1:10 PM
Citalipersons		Dr. Deepak Gupte	Dr Anita Patel		
	PODIUM -1	Small Things, Big Impact: The Microworlds of Male Sexual Health	What's age got to do with it!		LUNCH

GERIATRIC

11:30 AM

Dr Anil Takwani

Bridging troubled waters in children

PEDIATRIC UROLOGY

12:30 PM

Dr Jitendra Jagtap

The Future is Now: Evolving Trends in Robotic and Laparoscopic Urology

TECHNOLOGY

1:10 PM

1:10 PM	1:30 PM		
	Dr Ashish Pardeshi	Dr Subodh Shivde, Dr Balchandra Kashyapi	Dr Ashwin Tamhankar
LUNCH	Urethral Reconstruction Masterclass: From Basics to Breakthrough		Urology across the globe beyond the basics:perspectives, challenges and nuances!
	RECONSTRUCTIVE	PG QUIZ	Building a good urology Career
1:10 PM	2:00 PM	3:30 PM	4:30 PM
	Dr Nanjappa	KM	Dr Gyanendra Sharma

"Breaking Stones, Building Skills: Modern Approaches to Urolithiasis"

UROLITHIASIS

2:00 PM

Master the Surgical Art from the Masters

SEMILIVE SURGICAL MASTERCLASS-1

4:00 PM

INAUGURATION

6:00 PM

Poster Session-4(30 min display time and 90 min discussion time)

PRIZE PAPER SESSIONS



### Scientific Program for the 35th WZ-USICON

# ANNUAL CONFERENCE OF UROLOGICAL SOCIETY OF INDIA WEST ZONE

Venue: Mahatma Mandir Convention Centre, Gandhinagar





HALL

DAY 2- PROGRAM SCHEDULE	SATURDAY - 4 <sup>th</sup> October, 2025

3"-5" October 2025

8:00

9:00

11:00

12:00

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e e	Session	Title	Convenor / Chairpersons	Time	Session	Title	Convenor / Chairpersons	Time	Session	Title	Conve
AM C	PRIZE PAPER SESSIONS	VIDEO -2		8:00 AM	PRIZE PAPER SESSIONS	PODIUM-2		8:00 AM	PRIZE PAPER SESSIONS	Poster Session-5 (30 min display time and 90 min	17
) AM	Building a good urology career	Engage, Influence, Convert- Building Healthy Communities Digitally	Dr Abhijit Patil		00					discussion time)	
NO AM	Orations	Dr A G Phadke Oration Dr S Sapat Oration Dr V V Desai Oration	Dr Ashish Patil Dr Rajesh Kukreja							2	7
O AM	Karanjawala Symposium	The Good Doctor	Dr Anil Bradoo								
M O	ВРН	Difficult Decisions: Clinical Crossroads in Prostate Disease	Dr Pankaj Maheshwari	12:00 PM	SEMILIVE SURGICAL MASTERCLASS-2	From Ports to Precision: Robotic surgery master class	Dr Pradeep Rao		1/2		5
M	3	LUNCH		1:30 PM		LUNCH			2	3	
PM	URO-ONCOLOGY-2: Getting Better at management of Renal Masses	Don't let perfect be the enemy of good !!: Getting better at management of renal masses.	Dr Abhishek Singh	2:00 PM	TRANSPLANTATION	The Unfiltered Kidney Transplant: From Technique to Trouble.	Dr Ajay Oswal	12:30 PM - 4:30 PM	Nursing	OT360: Skills, Strategies, Solutions". A full-circle approach to advancing	74/1
M <sub>d</sub>	Know Your Guru		Dr Ashish Patil Dr Rajesh Kukreja							your OT impact.	
M C	Delegates Quiz	Khatron ke Khiladi	Dr Abhishek Singh/Dr Abhijit Patil						5		
M C		AGM									
PM	2	BANQUET	100							<b>a</b>	

2:15 PI

3:30 P

4:00

7:30 P

5:00 F

### Scientific Program for the 35th WZ-USICON

# ANNUAL CONFERENCE OF UROLOGICAL SOCIETY OF INDIA WEST ZONE

Venue: Mahatma Mandir Convention Centre, Gandhinagar







3"-5" October 2025

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Convenor / Chairpersons	Sujata Patwardhan	Dr R B Sabnis	Dr Prashant Mulawkar	Dr Vilas Sabale		
Title	Sterile Pyuria & Silent Damage: Unmasking GU-TB	Consensus in Controversies	MASTERMINDS IN UROLOGY	I wish I would not have been there!	Valedictory Function	LUNCH
Session	nsı (San		The 'difficult' patient or the difficult moment?			
Time	9:00 AM	10:00 AM	11:00 AM	11:45 AM	12:30 PM	1:00 PM



### Agenda Item for AGM – WZUSICON 2025 (Ahmedabad)

**Proposal:** Increase in Number of Council Member Posts in WZ-USI

### Background:

The present council structure of the Urological Society of India - West Zone (WZ-USI) comprises four elected Council Members, with a staggered election pattern - one member elected in one year and three members elected in the next.

Over the years, the membership of the West Zone has grown significantly, with current numbers being nearly three times the size at the time of the original council framework. This growth has brought about a proportional increase in responsibilities, scientific activities, administrative work, and outreach programs being conducted under the council's leadership.

During the council meeting held on 3rd July 2025, the following was deliberated:
Increasing the number of council members will naturally allow for greater inclusion and participation from all regions, including those with smaller member bases.

The current volume of scientific, academic, and organizational work necessitates expansion of the council to ensure optimal governance and efficient delegation.

### Proposal:

It is proposed that: 1. The number of Council Member posts be increased from 4 to 6.

- 2. Three Council Members shall be elected each year in place of the current alternating pattern (1 member in one year and 3 in the next).
- 3. These changes, upon approval, shall be incorporated into the WZUSI Constitution and be implemented from the election year 2027 onwards.

### Resolution to be Passed:

"Resolved that the number of elected Council Member posts of the Urological Society of India – West Zone be increased from four (4) to six (6), and that three (3) members be elected every year henceforth. This resolution, once approved by the AGM, shall be incorporated into the WZUSI Constitution and implemented with effect from the election year 2027."





Category	Regular Registration 1st July to 15th Sept. 2025	Late Registration 16th Sept. to 30th Sept. 2025	Spot Registration From 1st Oct. 2025
DELEGATE	INR 15,000	INR 17,000	INR 20,000
ACCOMPANYING PERSON	INR 12,000	INR 15,000	INR 18,000
POST GRADUATE	INR 10,000	INR 13,000	INR 15,000



**DELEGATE** REGISTRATION



**ACCOMPANYING PERSON** REGISTRATION



**POST GRADUATE** REGISTRATION

### **REGISTRATION FEES INCLUDE:**

- 18% GST
- Admission to the Scientific Hall
- Three Lunches
- **Trade Exhibition**
- Inaugural Function Followed by Dinner
- Entertainment Program Followed by Dinner

### **CANCELLATION POLICY:**

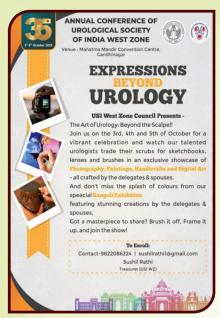
- All Registration Cancellation request will be accepted only if sent by email from your registered Email address or by post to the WZUSICON 2025 Conference Secretariat.
- 5% retention charges, if cancelled more than 50 days prior to scheduled arrival.
- 50% retention charges, if cancelled more than 30 days prior to scheduled arrival. (but less than 50 days.)
- 100% retention charges, if cancelled less than 30 days prior to scheduled arrival.







### **Extracurricular Activities**







### **OBITUARY**



13 May 1943 - 1 June 2025

### LATE DR. ASHOK NARAYAN BAPAT

**FOUNDER:** BAPAT UROLOGY CENTER



## WELCOME NEW MEMBERS

CATEGORY	NAME	DATE
Full Member	Prof. Dr. Anup Kumar	16/07/25
Full Member	Dr. Niraj Gandhi	05/08/25
Full Member	Dr. Ajinkya Anande	10/09/24
Full Member	Dr. Dhruti Mahajan	05/11/24
Full Member	Dr. Tushar Agrawal	22/07/25
Full Member	Dr. Gaurav Bavadiya	11/09/24
Full Member	Dr. Suraj Bhondave	29/12/24
Full Member	Dr. Jitendra Chaudhari	09/09/24
Full Member	Dr. Sumit Chaudhari	28/12/24
Full Member	Dr. Ankit Choyal	18/07/25
Full Member	Dr. Rohit Deshpande	09/10/24
Full Member	Dr. Meetkumar Dadga	11/08/25
Full Member	Dr. Bhooshan Dodia	18/10/24
Full Member	Dr. Harshwardhan Godbole	20/03/25
Full Member	Dr. Dhirajkumar Hedda	16/10/24
Full Member	Dr. Ashok Joshi	24/02/25
Full Member	Dr. Parthraj Jadeja	11/09/24
Full Member	Dr. Devashish Kaushal	29/06/25
Full Member	Dr. Faiz Ahemd Khan	20/09/24
Full Member	Dr. Koushal Kondawar	17/10/24
Full Member	Dr. Tushar Kharmate	17/10/24
Full Member	Dr. Pravin Laddha	17/10/24
Full Member	Dr. Sambhaji Londhe	16/10/24
Full Member	Dr. Akshay Nathani	02/10/24
Full Member	Dr. Mekhala Naik	23/09/24
Full Member	Dr. Prashant Nanavati	04/05/25
Full Member	Dr. Nayan Odedra	11/01/25
Full Member	Dr. Sandip Parhad	16/10/24
Full Member	Dr. Chandrakant Pancholi	25/12/24
Full Member	Dr. Ritvij Patankar	10/09/24
Full Member	Dr. Darshan Patel	21/09/24
Full Member	Dr. Shashank Patil	08/08/25
Full Member	Dr. Nasernazeer Patel	12/09/24
Full Member	Dr. Gaurav Patel	21/09/24
Full Member	Dr. Dhruv Patel	11/09/24
Full Member	Dr. Azharuddin Patel	15/10/24
Full Member	Dr. Birjesh Patel	26/06/25
Full Member	Dr. Deval Parikh	11/09/24
Full Member	Dr. Shivraj Patil	25/06/25
Full Member	Dr. Ankush Potphode	19/05/25

### WELCOME NEW MEMBERS

CATTOONY	NAME	DATE
CATEGORY	NAME	DATE
Full Member	Dr. Vinay Rahangdale	10/09/24
Full Member	Dr. Krutik Raval	21/09/24
Full Member	Dr. Krunal Rathod	12/02/25
Full Member	Dr. Kaushalkumar Rai	22/09/24
Full Member	Dr. Kalpesh Saswade	20/09/24
Full Member	Dr. Shekhar Sathaye	11/09/24 10/09/24
Full Member	Dr. Pratik Shah	15/07/25
Full Member	Dr. Dhurvit Soni	15/10/24
Full Member	Dr. Pavan Surwase	10/09/24
Full Member	Dr. Bonny Shah	21/09/24
Full Member	Dr. Raunak Shewale	07/01/25
Full Member	Dr. Ajaykumar Vadher	09/07/25
Full Member	Dr. Ankit Vaishnav	12/06/25
Full Member		21/09/24
Full Member	Dr. Krupa Wani	06/06/25
ruii /wember	Dr. Shirazakif Mohd. Ziauddin	17/06/25
Trainee Member	Dr. Tushar Kanajariya	12/07/25
Trainee Member	Dr. Maham Ahmad Dr. Jay Bagatharia	09/08/25 05/02/25
Trainee Member	Dr. Ujjwal Bharadwaj	09/10/24
Trainee Member	Dr. Nakul Bhatt	08/08/25
Trainee Member	Dr. Shrashti Chaurasia Dr. Viraj Desai	09/10/24 08/08/25
Trainee Member	Dr. Nishan Gaudani	25/05/25
Trainee Member	Dr. Amala Ghalsasi	09/10/24
Trainee Member	Dr. Rupen Jhaveri Dr. Aniruddh Khare	08/08/25 12/08/25
Trainee Member	Dr. Sandeep Kurangal	12/00/25
Trainee Member	Dr. Krishnakant Kirkire	15/10/24
Trainee Member	Dr. Kunal Kukreja Dr. Raj Makani	11/07/25
Trainee Member	Dr. Sanket Mundhada	08/08/25 19/11/24
Trainee Member	Dr. Harsh Mehta	20/09/24
Trainee Member	Dr. Rishabh Mehta Dr. Saket Patel	06/08/25 08/08/25
Trainee Member	Dr. Ashay Patil	05/05/23
Trainee Member	Dr. Mohmadadil Puna	22/05/25
Trainee Member	Dr. Yash Patel Dr. Shubham Patil	19/05/25
Trainee Member	Dr. Snubham Patil Dr. Racheruvu Siddhartha	10/08/25 05/08/25
Trainee Member	Dr. Ankeet Shah	11/08/25
Trainee Member	Dr. Omkar Sagade	15/10/24
Trainee Member	Dr. Devashree Sane Dr. Yashraj Sapkal	21/09/24 05/08/25
Trainee Member	Dr. Nikhar Salvi	05/08/25
Trainee Member	Dr. Mehreen Shahid	05/08/25
Trainee Member	Dr. Abhi Unjia Dr. Rusha	10/08/25 15/11/24
Trainee Member	Dr. Radhika Salpekar	09/10/24
Trainee Member	Dr. Vaibhav Thorat	08/08/25



### **ACHIEVEMENT**



Happy to inform **Dr. Shrikant Badwe** Received Sanjivani Distingwished Award by AMC



Heartiest Congratulations to
Dr. Mahesh Desai for
Humanitarian Recognition Award 2025

Dr. Makarand Khochikar has been appointed by the Royal College of Physicians and Surgeons of Glasgow (RCPSG) as an International Advisor.



16'th August 2025

### Dear Friends,

Greetings from the desk of the President Elect and Election officer, USIWZ (2025-26) elections!! As per the article 21 of USI-WZ constitution, nominations were invited for various executive council posts of our society (USIWZ) for the year 2025-26. It is our pleasure to announce the final lists of eligible candidates for the respective posts as follows:

Name of the Post	Number of posts	Nomination Accepted
The President Elect	1	Dr. Suhas Salpekar, Nagpur
The Secretary Elect	1	Dr. Ajit Sawant, Mumbai
The Treasurer Elect	1	Dr. Sadashiv Bhole, Nagpur
The Free strike Council Manch on	1	1. Dr. Vishwas Kulkarni, Latur
The Executive Council Member		2. Dr. Amish Mehta, Rajkot.

So, the election will be held for the post of one executive council member only. We have adopted electronic voting from 2020 onwards. As announced earlier, candidates can canvass for the election as per SOPs intimated to them.

The list of eligible voters is enclosed herewith. All full members are requested to check their details in the eligible voters' list and report any corrections to the office of the Secretary, USI-WZ, before 30'th August 2025.

Yours truly,

<mark>Dr. Ajay Bhandarkar</mark>

Election officer (USI-WZ 2025-26)

Phone: 9825300222



### **WZ-ELECTIONS 2025**



Dr. Suhas Vasant Salpekar - President Elect (Unopposed)

MB;MS;DNB (Urol),FRCS (Glasgow),Dip.Urol.(London)FAIS

Diplomate National Board – Genitourinary Surgery

Fellow Royal College of Surgeons of Glasgow

Consultant Urologist , Andrologist And Renal Transplant Surgeon.



Dr. Ajit Sawant - Secretary Elect (Unopposed)

M.B.B.S., DNB – Urology/Genito – Urinary Surgery,

M.Ch.-Urology Urologist,

Prof. & H.O.D. Urology LTMMC & GH (Sion, Mumbai)



Dr. Sadashiv Dnyandeo Bhole - Treasurer Elect (Unopposed)
MS (Gen. Surgery) (IGMC Nagpur), M. Ch. (GMC Mumbai), DNB,
MNAMS (Delhi) (Urology)
Consultant Urologist and Andrologist,
Consultant Laparoscopic Surgeon



Dr. Amish Mehta - For Executive Council Member Post MS, MCh (URO), DNB (URO) Consultant Urologist, Urooncologist and Transplant Surgeon B T Savani Hospital, Rajkot



Dr. Vishvas Kulkarni - For Executive Council Member Post Consultant Urologist Mamta Hospital, Latur

## SERVICIAL SOCIETY OF THE SERVICE STATES

### FUTURE OF UROLOGY PRACTICE IN INDIA

It is never easy to predict the future but keeping all the variables in mind and understanding the dynamics of practice today and how the urology world is changing, we can predict to some degree of accuracy, how the future of practice will be in India. We will continue to tackle the same kind of problems but the diagnostics and treatment armamentarium will certainly change. The economy of India is expected to improve further and this will introduce some sophistication in treatment, at least in the private sector but at the same time mindset of urologists



Dr. Janak Desai (Ahmedabad)

should also be adapting and welcoming the changes and then only it will translate into the clinical practice and society will get benefitted. Urology is a vast field with many subspecialities and the future will have newer options in all these subspecialities. Let us try to analyze the probable future in each subspeciality.

Endourology & Stone Disease: This field of urology has always been very dynamic because technology has supported this field in terms of fiberoptics, lasers, high quality consumables, Imaging techniques and much more. There is always super enthusiasm about embracing newer options but the problems emerge by and wisdom places the new option in its right perspective. Whether ESWL is dead? Debates take place whether PCNL is dead? I am very confident that ESWL is here to stay and so as PCNL.

We are encountering and reporting problems with Flexi-URS and the latest randomized trial from UK clearly puts a message that for stones less than 10 mms ESWL gives a better quality of life and for stones larger than 18 mms PCNL gives better stone free rates and lesser secondary procedures. The urology community will have to teach the younger generation the skills to do a proper puncture. Perhaps Artificial Intelligence and 3D models and puncture guides for complex PCNL planning will assist us in this endeavor.

Fiberoptic scopes will be or should I say, have already been completely replaced by digital scopes and as the size of the chip decreases the size of digital scope will also go down. At present we already have a 6.2 Fr scope and we may decrease the caliber further if the chip size goes down to one square mm. Advancement in technology will steer advancement in Urology.

Ultrasonic burst waves for ESWL and sonic propulsion is already tested. FDA has approved this technology and this will give a big boost to ESWL. The stone fragments in lower calyx can be pulled up to the pelvis by sonic propulsion and then the fragments may go down the ureter with ease, giving a better stone free rate than what we see today.

Miniaturization in PCNL has gained acceptance around the world and with lasers like Thulium-fiber, High watt Holmium and Magneto, producing high frequencies, stones can be disintegrated fast and converted into very small fragments/dust with ease. Instruments like Trilogy & Shock pulse can disintegrate and suck the stone fragments with the same probe -This will improve the stone free rates of PCNL which are already the best amongst these three modalities.



### FUTURE OF UROLOGY PRACTICE IN INDIA

Robotics & Minimally Invasive Surgery: Robotics will replace Laparoscopy in Towns and even in smaller cities. Per case costs are decreasing and will further decrease in high volume centers. Various options and companies of Robots will come into the play and the competition may bring down the price of Robots and an average patient will see better quality of care if operated by a Robotic Assistance. We expect tactile sensations to be introduced to the Robotic arms and we also expect RoboticTelesurgery and Teleproctoring to gain momentum. Sitting in Ahmedabad we should be able to operate on a patient in Bhuj or Udaipur.

Residency and fellowship curricula must include modular robotic training (simulator + mentored OR time + outcome audits).

**Uro-oncology**: A lot majority of surgery will be done by Robotics but the changes will be more in Genomics and diagnostics. E.g., Prostate biopsy will be evaluated by an Al based app. We have a few such Apps already in use and "PATHOMIQ" is one of them. The evaluation by this Al based app will be far more accurate and more insightful than reporting by a trained pathologist. Immunotherapy will become a standard of care and will be much more affordable than it is today.

Globally, focal therapies (HIFU, IRE, cryoablation) now have stronger evidence for selected unilateral/limited prostate cancers and India is beginning to adopt these modalities selectively.

Renal Transplant: Donar Nephrectomy is already done laparoscopically and this will be done by Robotic assistance. Recipient surgery may also be done robotically reducing hospitalization and recovery period. The cadaver organ transplant program will and should gain huge momentum as public awareness towards organ donation increases and multiorgan transplant will become feasible in specialized centers. With the support from the Government and their different agencies, harvesting organs well in time and transporting them via "Green Corridors" or helicopters to desired location has become possible and may give a boost to organ transplant programs.

NOTTO/ROTTO, Urologists and renal transplant teams should contribute to state-level awareness and donor-enabling pathways.

Reconstructive, Paediatric & Female Urology: The principles of reconstructive surgery cannot change but microsurgery controlled by robotics will be done in specialized centers. Man-made materials will be used to bridge the gaps and stem cell therapy will produce tissue that will be used when severe damage has obliterated the original tissue.

Structured fellowships and multi disciplinary clinics are beginning to form in tertiary centres. Also healthy partnerships with plastic/reconstructive and pelvic-floor teams will provide better functional outcomes for the patients.



### **FUTURE OF UROLOGY PRACTICE IN INDIA**

Andrology & Male Infertility: As the lifestyle worsens and social stigma loosens, patients demanding male infertility services and sexual medicine clinics are rising in number. Clinical practice will and is moving towards dedicated and integrated ART units consisting andrology labs, andrology-aided microsurgical procedures and evidence-based testosterone management. Robotic Microsurgery will come as a great boon to the field.

It is my sincere appeal to the younger generation of urologists to build up teams rather than doing solo practice and contribute to the field of urology & keep our flag flying high.

### Practical Recommendations For "the Urology Department" To Build A Robust Future:

- 1. Form a cross-disciplinary committee keeping in mind the future urology (robotics, imaging, data science, transplant, telemedicine).
- 2. Create a structured robotic training ladder: simulation wet lab mentored cases credentialing.
- 3. Robust Data Infrastructure: Start local registries (prostate-oncology, PCNL outcomes, transplant outcomes) with standardised data fields.
- 4. Pilot AI imaging tools for CT-KUB and prostate MRI and AI data integration for prostate biopsies
- 5. Build tele-surgery, tele-proctoring, tele-medicine guidelines
- 6. Partner with state health authorities on deceased-donor awareness & logistics; document pathway times and outcomes.